

## DAFTAR PUSTAKA

- Achirman, A., Andriani, E., & Malkis, Y. (2025). Efektivitas massage effleurage dan alih baring terhadap pencegahan dekubitus pada pasien bed rest. *Malahayati Nursing Journal*, 7(9), 3783–3790. <https://doi.org/10.33024/mnj.v7i9.20900>
- Adevia, A., & Ayubbana, S. (2022). Pengaruh massage punggung menggunakan minyak terhadap pencegahan dekubitus pada pasien tirah baring. *Jurnal Keperawatan*, 14(2), 85–92.
- Angeline, K., Kandasamy, R., & Chinnappan, M. (2021). Risk factors of pressure injury in older adults. *Geriatric Nursing*, 42(5), 1021–1027. <https://doi.org/10.1016/j.gerinurse.2021.06.012>
- Berman, A., Snyder, S., & Frandsen, G. (2021). *Kozier & Erb's fundamentals of nursing: Concepts, process, and practice* (11th ed.). Pearson Education.
- Diaz-Valenzuela, A., et al. (2023). Repositioning and pressure injury prevention: A systematic review. *International Journal of Nursing Studies*, 137, 104403. <https://doi.org/10.1016/j.ijnurstu.2022.104403>
- Dinas Kesehatan Provinsi Jawa Tengah. (2020). *Profil kesehatan Provinsi Jawa Tengah tahun 2020*. Dinkes Provinsi Jawa Tengah.
- European Pressure Ulcer Advisory Panel (EPUAP), National Pressure Injury Advisory Panel (NPIAP), & Pan Pacific Pressure Injury Alliance (PPPIA). (2022). *Prevention and treatment of pressure ulcers/injuries: Clinical practice guideline*. EPUAP/NPIAP/PPPIA.
- Herly, M., et al. (2021). Prevalence of pressure injury in hospitalized patients: A global perspective. *Journal of Wound Care*, 30(4), 256–262.
- Hinkle, J. L., & Cheever, K. H. (2022). *Brunner & Suddarth's textbook of medical-surgical nursing* (15th ed.). Wolters Kluwer.
- Kementerian Kesehatan Republik Indonesia. (2018). *Pedoman pencegahan dan penatalaksanaan luka tekan*. Kemenkes RI.

- Kumar, A., & Sharma, S. (2023). Prolonged bed rest and pressure injury risk. *Nursing Open*, 10(4), 2134–2142. <https://doi.org/10.1002/nop2.1496>
- Melnyk, B. M., & Fineout-Overholt, E. (2019). *Evidence-based practice in nursing & healthcare: A guide to best practice* (4th ed.). Wolters Kluwer.
- Moore, Z., & Patton, D. (2020). Risk assessment tools for pressure ulcer prevention. *Journal of Clinical Nursing*, 29(19–20), 3661–3670.
- Moore, Z., et al. (2022). Pressure injury prevention in older adults. *Journal of Wound Care*, 31(5), 348–356.
- Mufidah, N. (2024). Pengaruh penggunaan minyak zaitun terhadap pencegahan dekubitus pada pasien tirah baring. *Jurnal Keperawatan Klinik*, 11(1), 45–52.
- National Pressure Injury Advisory Panel. (2021). *Prevention and treatment of pressure injuries*. <https://npiap.com>
- National Pressure Injury Advisory Panel. (2023). *Pressure injury staging system*. <https://npiap.com>
- Padula, W. V., & Delarmente, B. A. (2020). The national cost of hospital-acquired pressure injuries in the United States. *International Wound Journal*, 17(5), 1327–1337. <https://doi.org/10.1111/iwj.13375>
- Polit, D. F., & Beck, C. T. (2021). *Nursing research: Generating and assessing evidence for nursing practice* (11th ed.). Wolters Kluwer.
- Potter, P. A., Perry, A. G., Stockert, P. A., & Hall, A. M. (2021). *Fundamentals of nursing* (10th ed.). Elsevier.
- Rahman, Z., Achlianita, F., & Widiastuti, L. (2025). Pengaruh massage effleurage terhadap risiko luka dekubitus pada pasien tirah baring lama. *Jurnal Ilmiah Keperawatan*, 11(2), 101–109.
- Rahmawati, R., et al. (2023). The use of oil-based massage in maintaining skin integrity among bedridden patients. *Nursing Journal of Indonesia*, 6(1), 22–30.

- Santiko, & Faidah, N. (2020). Pengaruh massage effleurage dengan virgin coconut oil terhadap pencegahan dekubitus pada pasien bed rest. *Jurnal Keperawatan dan Kesehatan Masyarakat*, 7(2), 115–123.
- Sansri Diah, K. D., et al. (2022). Efektivitas massage pada pasien tirah baring terhadap pencegahan dekubitus. *Jurnal Keperawatan Medikal Bedah*, 10(1), 55–63.
- World Health Organization. (2021). *Global patient safety action plan 2021–2030*. WHO.