St. Paul University Philippines

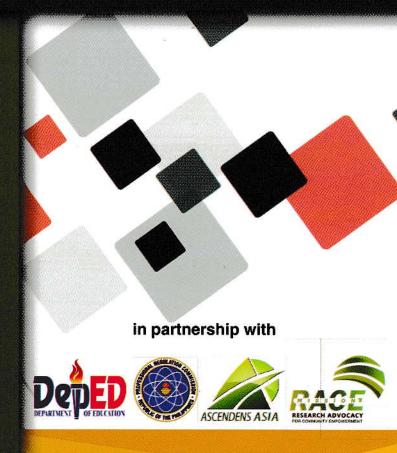
in Collaboration with

4th SPUP International Interdisciplinary Research Conference 2019

"Creating Educational Pathways in the Fourth Industrial Revolution"

BALLY

MAKING A DIFFERENCE



WCC/

St 191

December 12-14, 2019 Global Center St. Paul University Philippines Tuguegarao City

FOREWORD

On its 4th International Interdisciplinary Research Conference, St Paul University Philippines (SPUP), in partnership with the Commission on Higher Education (CHED), and in collaboration with the World Council for Curriculum and Instruction (WCCI) presents various studies, theories and practices, and perspectives that need to be explored, developed and implemented to ensure a holistic, global, lifelong and sustainable kind of education and preparation for quality life. International and local experts and specialists are tapped to discuss and give workshops on global citizenship education, internationalization and transnational education, adult learning and lifelong education, Sustainable Development Goals 2030 (UN SDGs), health education and healthcare management, new pedagogical designs and approaches to promote global education towards national and world peace and prosperity.

To keep abreast with the unprecedented changes and innovations in the educational landscape and the socio-economic systems, the International Research Conference bears the theme: "Creating Educational Pathways in the 4th Industrial Revolution." This implies the mandate for active involvement and initiative to do, create, innovate, initiate, improve, anticipate, and embark on transformative and effective educational pathways to meet the challenging tasks and responsibilities upon educators in the era of the 4th industrial revolution.

OBJECTIVES

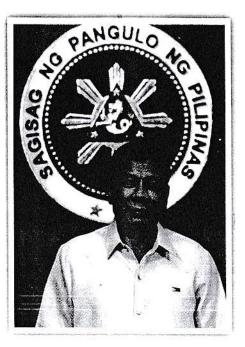
The conference aims to:

- a. provide an educational platform for interdisciplinary discussion on the challenges and impact of the 4th industrial revolution;
- b. engage in professional networking and share research, innovative models, creative pedagogical designs, new paradigms and educational pathways for the 4th industrial revolution;
- c. undertake workshops and discussions on global citizenship education, global health education and healthcare management, internationalization in education, peace education, adult learning, and the Sustainable Development Goals 2030 for transforming the world; and,
- d. come up with collaborative research projects and training programs on new educational pathways, strategies and approaches in the 4th industrial revolution.



MALACAÑAN PALACE Manila





y warmest greetings to St. Paul University Philippines (SPUP), Tuguegarao City as it holds its 4th International Interdisciplinary Research Conference.

Our academic institutions must pursue continuing research and knowledge-sharing to create better educational pathways for learners. I am thus delighted to know that SPUP Tuguegarao City is hosting this conference to bring together professionals from various backgrounds to discuss opportunities and challenges in education in light of the Fourth Industrial Revolution.

This year's theme is relevant as it allows us to rethink our paradigms for research and teaching in the context of modern-day advancements. I trust that the participants will actively participate in discussions on crucial issues such as global citizenship education, internationalization in education, peace education and adult learning among others.

In this era of change, I encourage you to work together as we build a more equitable, inclusive and progressive tomorrow for all.

I wish you a meaningful event.

TERTE

TUGUEGARAO CITY, CAGAYAN VALLEY, PHILIPPINES





COMMISSION ON HIGHER EDUCATION Manila



y warmest greetings to St. Paul University Philippines (SPUP), Tuguegarao City as it holds its 4th International Interdisciplinary Research Conference on December 12-14,2019 at the Global Center, St. Paul University Philippines, Tuguegarao City, Cagayan.

I commend SPUP for conducting this event, with the theme, "Creating Educational Pathways in the Fourth Industrial Revolution". The 4th Industrial Revolution is aconfluence of advancements in various fields like artificial intelligence, biotechnology, nanotechnology, big data, genomics, 3D printing, material science, among others. Universities are also becoming diverse due to various needs, cultural backgrounds and pluralistic perspectives of both learners and teachers.

The 4th Industrial Revolution is a prospect for CHED and higher education institutions (HEIs) to work together and collectively develop a strategy that will maximize the benefits offered by an era of fastpaced technology. It is an opportunity to strengthen our capacity to deliver quality education to students and produce globally competitive graduates.

CHED stands with SPUP in this continuous journey for innovation and excellence in delivering quality education. I wish you all a productive conference. May this event open wide-ranging discussions where ideas and trends on various related fields co-create a sustainable future for all of us.

Congratulations and Mabuhay!

J. PROSPERO E DE VERA III, DPA Chairperson, Commission on Higher Education

TUGUEGARAO CITY, CAGAYAN VALLEY, PHILIPPINES

<image>

The 4th SPUP International Research Conference is a milestone convergence of local and international leaders, educators, policymakers, professionals and researchers. On behalf of St Paul University Philippines, it is my joy and privilege to welcome all the delegates to this most-awaited event. The relevance of research is demonstrated by the remarkable research-driven breakthrough innovations in science and technology, business and industry, communications, education, medicine and healthcare, and in all aspects of life. Indeed, this international research conference holds many great ideas and inspiring studies for all the participants to learn, share, and apply in their respective careers, specialization and endeavors.

The fourth industrial revolution is now part of our reality. Consequently, we are confronted with the challenges and opportunities, disruptions and solutions, and the unfolding responsibility to create educational pathways in the 4IR that would ensure productive manpower, sustainable development, and social transformation in national and global contexts. As such, let us unleash our research DNA and relish the discoveries, significant learning, and creative insights that we would gain. Hopefully, we can truly make a difference in our quest to meet the current challenges and future demands in our transforming world.

Kudos to the organizers, speakers, and research presenters for making this conference an interesting blend of new knowledge and perspectives, interdisciplinary enrichment, intercultural connectivity, enhanced networking, and springboard of innovations. The myriad of research findings and best practices would likely pave the way towards the betterment of educational systems, socio-economic structures and the quality of life.

The plenary sessions and concurrent presentations are laudable and scholarly. As participants and presenters, we have a pivotal role and positive impact in promoting the culture of research and development. To be research savvy is an asset in our knowledge-based economy. May God's guidance and wisdom assure us a meaningful and productive discourse and interaction with colleagues in traversing the 4IR.

Sister Merceditas O./Ang, SPC University President

TUGUEGARAO CITY, CAGAYAN VALLEY, PHILIPPINES



PLENARY SPEAKERS

D r. Swee-Hin Toh, B.Sc (Hons), Dip. Ed., M.Ed., PhD is a Professor Emerit of the Department of Educational Policy Studies at the University of Alber Canada and a Visiting Fellow at the Center for Peace Education of Miria College, Philippines. He is the winner of the UNESCO Prize for Peace Education of the year 2000 in recognition of his pioneering work in promoting peace education various countries including Uganda, South Africa, Jamaica, Japan, the U.S.A., and particular — the Philippines, where his humanitarian efforts in Mindanao have help ease conflicts among Muslims, Christians, and the Philippine army. The prize, whi is awarded annually by the United Nations, recognizes long-standing contributions education in peace-related fields.

Dr. Swee-Hin is involved in teaching, research, professional development as social action in education for a culture of peace, human rights, sustainable future intercultural education, interfaith dialogue, and Global Citizenship Education. He h also published various books on Peace Education, Peace Building, Globalization, an Global Citizenship Education among others.

Moreover, Dr. Swee-Hin Toh is considered an expert in the fields of Peace Educatio Global Citizenship Education, Multiculturalism, Teacher Training, Human Righ Education, Interfaith Dialogue, Transformative Pedagogy, Critical Pedagogy, ar Education for Sustainable Futures.

TIM ANG SCROOM

ty. Lily Freida Macabangun-Milla is the OIC Deputy Executive Director and concurrently Director III of the International Affairs Staff of the Commission on Higher Education of the Republic of the Philippines. She is also acting Secretary-General of the University Mobility in Asia and the Pacific (UMAP) Philippines National Secretariat, Chair of the Asian International Mobility for Students – Philippines, the ASEAN Socio-Cultural Community (ASCC) Focal Point for higher education in the Philippines, and CHED's alternate representative to the Asia Pacific Economic Cooperation (APEC) Human Resource Development Working Group (HRDWG), among other representations. She also served as the University Legal Counsel for the University of the Philippines System from 1999 to 2001 and later became Chief of the CHED Legal Service, the Director of the CHED Office for State Universities and Colleges and Local Universities and Colleges' Concerns.

As a lawyer she served at the Philippine Senate as a Chief Technical Officer in various offices in the Philippine Senate from 1993 to 1996. Atty. Milla was also a Court Attorney III at the Supreme Court of the Philippines and had stints in the private sector as an Internal Legal Counsel for Landco Pacific Corporation and the National Federation of Labor.

Atty. Milla has advanced the internationalization of higher education in the Philippines through her significant representations in international conferences, conventions and educational fairs which led to the formulation of policies, standards, guidelines and roadmap on internationalization of Philippine higher education. She is also a champion for the development and institutionalization of adult education in higher education in the country.



PLENARY SPEAKER

Prof. Federico "POCH" M. Macaranas, PhD is a Former Undersecretary of the Department of Foreign Affairs of the Republic of the Philippines and is now Adjunct Professor at the Asian Institute of Management; Program Director, Top Management Program for CHED HEIs/SUCs; Program Director, Regional Integration in Asia focus on Education; Program Director, AIM-Yale University, Advanced Management focus in Asia; Professor, MScIB, EMBA. Prof. Macaranas is part of the core faculty of the Washington SyCip Graduate School of Business whose career spans in the fields of academe, business and governance.

In the government sector, he assumed several positions in the Department of Foreign Affairs: first as Assistant Secretary for Foreign Affairs during the Corazon Aquino administration where he helped formulate and implement the "Development Diplomacy Thrust" of the government; under the Fidel Ramos administration, he became Undersecretary for Economic Affairs and served as Chairman of the 1996 Senior Officials Meetings of the Asia-Pacific Economic Cooperation (APEC) taking charge of the overall assistance to the Ministerial Meetings and the Subic Summit; in 2001, Gloria Arroyo conferred on him the Gawad Mabini Dakilang Kamanong Award, the highest award given by the Philippine government for diplomatic service.

Prof. Macaranas is former Dean of Center for Development Management; Executive Director of AIM World Bank Center; Executive Director of AIM Policy Center; Director for ASEAN 2015 Project; and Director of AIM-APEC BAC GVC Study 2015 at the Asian Institute of Management. He is also former Economics and Finance Professor at the Manhattan College New York and Adjunct Professor at the Columbia University and Fordham University as well as Former Finance and Investment Consultant of Wall Street, New York.

With his credentials and countless achievements, Prof. Macaranas remains to be one of the sought-after international speakers and lecturers on globalization, economics, policy & governance, and leadership.



PLENARY SPEAKER

D. **Samuel D. Bernal, PhD, MD, MBA, JD, LLM** is a Adjunct Professor if Business and Management at the Asia Institute of Management and concurrently Professor Emeritue of Medicine at the University of California at Los Angeles (UCLA School of Medicine and Visiting Professor at the Far Eastern Federa University School of Law in Vladivostok, Russia; Ateneo de Manil University – College of Science, Department of Chemistry; and a the University of Santo Tomas School of Medicine. He is formed Assistant Professor of Medicine at the Harvard Medical School an Associate Professor at the Boston University – School of Medicine

Dr. Bernal is currently Attending Physician, Division of Hematolog and Oncology, Cedars-Sinai Medical Center, Los Angeles, Californi and concurrently Adviser and Consultant for Technology an Innovation at the Institute of Personalized Molecular Medicine, Th Medical City, Manila, Philippines. He has held various appointment and positions over the years such as Director of the Cancer Cente at Greater Los Angeles VA Health System; Chief for the Division o Hematology and Oncology, U.C.L.A. San Fernando Valley Program Attending Physician at the University Hospital of Boston University Medical School; Associate Physician at the Dana-Farber Cance Institute, Harvard Medical School; and Associate Physician at th Brigham and Women's Hospital, Harvard Medical School. He also practiced his Law Profession in the USA, Czech Republic and in the Philippines and is a Member of the Member of the ASEAN Law Association and the International Law Association.

A Filipino national educated in the USA, Dr. Bernal has founded and been affiliated with various organizations such as Founde and Chairman of GlobeTek Pro International; President of the LA Boston BioResearch Fund, Los Angeles, California, USA; President of GlobeTekPro, based in Prague, Czech Republic; President o Daba International Technology Company, based in Riga, Latvia Chairman of GlobeTek Science Foundation, based in Manila Philippines; President of Science and Technology Action Network for Development (STAND) based in Manila, Philippines and Prague Czech Republic; Chairman of the International Institute of Law and Medicine (IILM) based in Salzburg, Austria; President of the Philippine Association in Europe, based in Prague, Czech Republic and Legal Counsel and Co-Founder, Global Filipino Diaspora, Los Angeles, California, USA.



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PLENARY SPEAKER

P. **Yazrina Yahya** is the Director of the Corporate Communication Center and an Associate Professor of the Faculty of Economics and Management at the University Kebangsaan Malaysia (National University of Malaysia). Her multidisciplinary interest is due to her vast experience as former Director of the International Relations Centre at UKM and also because of her links to industry through her affiliations with AirAsia IBM, Coalition Services Industries of Malaysia (CSIM), Ministry of Education, and as a Business Executive at Renong Solution Sdn Bhd before she joined UKM.

Her major specializations are in the areas of Service Science, Information System Development, and Internationalization of Higher Education, in which her field of interests include management of internationalization, internationalization of higher education, and international education, value co-creation in developing information systems, values in e-Learning system, information system development using the service science approach,. She is also an Associate Fellow at ASM, and a member of the group that develops the document Science & Technology Foresight Malaysia 2015: Emerging Science, Engineering and Technology (ESET) Study, published by ASM. Her expertise on internationalization is also recognized by ASM in which she is a member of Working Group 6: Strategic International Alliance, Academy of Sciences Malaysia.

At the international level, Dr. Yazrina is recognized for her expertise in the area of Internationalization of Higher Education and Information Technology where she has been invited as a keynote speaker by various organizations and HEIs such as ERASMUS, Commission of Higher Education (CHED) Philippines, Canadian Bureau of International Education (CBIE), EU-SHARE, ASEAN University Network (AUN), Australian High Commission, Malaysia, University Mobility in Asia and the Pacific (UMAP), Department of Education Mexico (EDOMEX), and CAMPUS France in various international conferences held globally and locally.



PLENARY SPEAKERS



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r. Matin Royeen holds a Ph.D. in an Interdisciplinary Program incorporation Counseling, Psychology, Multicultural and Global Education from the University of Cincinnati, USA.

During the past four decades, Dr. Royeen has been involved in higher education business, and government. Specifically, he has been involved in diversity training a multicultural education both at home and abroad.

From 2009 to 2011, Dr. Royeen served as a Senior Civilian Cultural Advisor in I native country of Afghanistan. In this role, he worked to bridge the cultural gap a cultural misunderstandings between the USA-NATO and the leadership of the Islam Republic of Afghanistan.

In addition to teaching in health sciences in several universities, Dr. Royeen served Dean of Student Affairs at the Roanoke College of Health Sciences 2000-2002. He l co-edited the book "Culture in Rehabilitation: from Competency to Proficiency" wh was published by Prentice Hall in 2006. In addition to writing and some publicatio Dr. Royeen has conducted numerous workshops on culture, diversity, and inclusion academia, business and government.



r. James Moore, MSc TESOL, is a Curriculum Developer and English Language Teacher at the Ying Hai International School after serving as Examination Writer, Examiner and Chief Oral Examiner in Brunei Darussalam appointed by the Ministry of Education.

In his educational stint, Mr. Moore has developed and delivered courses on Global Perspectives, English as a First Language, English as Foreign Language, Technology, Reading, English Grammar and other e-Materials on English Language Teaching and Learning. He is also a trainer on TOEFL.

Mr. Moore obtained his Master of Science in Teaching English to Speakers of Other Languages (TESOL) at the University of Stirling, Schotland and BA in Business Economics from Paisley University Scotland. He also special studies on PGCE Business Studies and English Language Teaching to Adults.



PLENARY SPEAKERS

r. McAllen Reonel Sebastian "MARS" Cacacho is currently a Cyber Security Engineer for a UK based Cyber Security company. He used to be Antivirus Engineer and Security Journalist for Trend Micro, Virus Coordinator for TrendLabs' Global Threat Response Center and also worked as an IT Officer for the Department of Education, Tuguegarao City Division. He is also the Founder and Chief Executive Officer of HackTheNorth.ph, a non-profit organization which brings the Elite IT Conferences to North PH and TCON (Tuguegarao Consortium - the only IT Security Conference in the area). As Microsoft IdeaSpace Ambassador, Mr. Cacacho has inspired thousands of IT experts and enthusiasts in Southeast Asia.

Mr. Cacacho was given recognition by Intel's International Science and Engineering Fair, United Nations Environment Programme, United Kingdom's Global Youth Awards and Japan's Students Science Awards because of his contributions to Science and Technology. At the age of 12, he was awarded as Outstanding Young Scientist in the country for a Thermometer he invented. He was awarded as one of the Ten Outstanding Youth Leaders (TOYL) of Tuguegarao in 2003 and was given a Presidential Merit as one of the Ten Outstanding Students of the Philippines (TOSP) for 2008 because of his college achievements focused on leadership, social responsibility and academics at SPUP. In 2018, he was distinguished as one of the Pamarigans (Role Models) of Tuguegarao City as was designated as Rainmaker and Lead Adviser for Start-up initiatives in Cagayan Valley by the Department of Information and Communications Technology.



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He currently holds Global IT Certifications such as Microsoft Certified Professional (MCP), Microsoft Certified Technology Specialist (MCTS), VMWare Certified Associate (VCA), Trend Micro Certified Antimalware Professional (TCAP), Trend Micro Certified Cyber Security Professional (TCSP), EC-Council Certified Network Defense Architect (CNDA) and Certified Ethical Hacker (CEH).

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Dr. RENE "REB" ESTORQUE BERSOTO is a Consultant at Asian Consulting and Training Group at Asian Institute of Management (AIM), Guest Lecturer at Batangas State University Graduate School – CTE-GS and CABEIHM-GS, Visiting Lecturer at St. Paul University Philippines (SPUP) – Graduate School, and Co-Facilitator for the SPUP-Perpetual Succour Hospital School of Global Healthcare Leadership. He writes a weekly column, REBuilding Society for CALABARZON community paper. He's also a member of Armedsafe Safety and Rescue Training Center, Manila, as Executive Adviser.

He is a Member and Secretariat of the ASEAN Society Philippines with former President Fidel V Ramos, former ASEAN DG, Amb. Delia D Albert, former DFA Usec and 1996 APEC SOM Chair, and AIM Professor, Dr. Federico M Macaranas, DLSU Professor and former DFA Usec Manuel Teehankee, Amina Rasul-Bernardo, President of Philippine Center for Islam and Democracy (PCID), the late Sen. Leticia R Shalani, former DFA ASEAN Director, now Chief Executive of EON The Stakeholder Relations, Junie del Mundo, Philippine Permanent Representative and Ambassador to ASEAN, Amb. Beth Buensuceso.

His subject of studies and research interests include Public Relations, Strategic Communications, Development Economics, Transnational Education, Global Value Chains, Social Enterprise, Regional Integration, Education in the 21st Century, Cultural Heritage (i.e. Batik Industry of Indonesia), and Family Corporations (i.e. ACCM FamCor of Timmy Cruz).

PLENARY SPEAKER



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aria Bryce Fabro, Ph.D. is the Chief Executive Office of the BRYCE Inspired Careers. She obtained a PhD i Humanities and Masters Degree in Entrepreneurship a the Ateneo Graduate School of Business. She is a published author and an advocate on building the employability skills quotient (EMQ of graduating students in the Philippines and the world. As CEO and President of BRYCE Inspired Careers, she has been privilege to present her paper, "The Science of Employability in Bangko Thailand in 2016 among 71 ASEAN Universities through the Unite Board".

She founded the Higher Employability Result and Opportunitie (HERO), a Singapore-based company that provides opportunities for universities across the globe to collaborate with solution providers an industries. HERO Summit has footprints in 5 countries: Singapore Canada, United Kingdom, Japan and Philippines.

PROGRAM OF ACTIVITIES

Day 0: December 11, 2019 – Wednesday 2:00–5:30 PM REGISTRATION

Day 1: December 12, 2019 - Thursday8:00AM-1:30 PMREGISTRATI8:30-11:00AMPRE-CONFE"Research Pi

REGISTRATION PRE-CONFERENCE "Research Presentation Literacy" **Dr. Maria Bryce Fabro** COO, Ascendens Asia Venue: 3rd Floor, Global Center

OPENING CEREMONIES

Philippine National Anthem

WELCOME REMARKS

KEYNOTE ADDRESS

PLENARY SESSION 1

COFFEE BREAK

Dr. Swee-Hin Toh

Acknowledgment of Participants

Sr. Merceditas Ang, SPC

Deputy Executive Director

"Educational Pathways in the 4th Industrial Revolution"

Atty. Lily Freida M. Milla, CESO IV

Director III, Ivnternational Affairs Commission on Higher Education

University President

Entrance of Colors

Ecumenical Praise

Opening Salvo

CONFERENCE PROPER (Venue: 2nd Floor, Global Center)

1:30-2:00 PM

2:00-2:10 PM

2:10-3:00 PM

3:00-4:30 PM

4:30-5:00 PM

5:00-6:30 PM

CONCURRENT SESSION 1 / RESEARCH PRESENTATIONS

Laureate, UNESCO Prize for Peace Education (2000)

TOKENS, PICTURE TAKING OF GUESTS W/ PARTICIPANTS;

AWARDING OF CERTIFICATES OF APPRECIATION &

"Nurturing Global Citizenship: Transcending Industrial Revolutions

President, World Council for Curriculum & Instruction (WCCI)

toward a Spiritual Revolution for Humanity & Mother Earth"

INE TUGUEGARAO CITY, CAGAYAN VALLEY, PHILIPPINES

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6:30–8:00 PM	WELCOME RECEPTION & NETWORKING Venue: SPUP Student Center
DAY 2: December 13, 2019 -	- Friday
7:00–8:00 AM	REGISTRATION
8:00–8:10 AM	OPENING PRAYER
8:10–10:00 AM	PLENARY SESSION 2 "Breakthroughs in Health Education and Healthcare in the 4th Industrial Revolution" Dr. Samuel Bernal Former Associate Professor in Medicine, Harvard University, I Professor, University of California in Los Angeles, USA
10:00–10:30 AM –	HEALTH BREAK
10:30 AM-12:00 PM	CONCURRENT SESSION 2 / RESEARCH PRESENTATIONS
12:00–1:30 PM	LUNCH
1:30–3:30 PM	CONCURRENT SESSION 3 / RESEARCH PRESENTATIONS
3:30-4:00 PM	HEALTH BREAK
4:00–5:30 PM	PLENARY SESSION 3 "Sustainable Development Goals 2030: Becoming a Sustainable Global Community" Dr. Federico Macaranas Professor, Asian Institute of Management
5:30-6:30 PM	MOA SIGNING WITH INTERNATIONAL PARTNERS
DAY 3: December 14, 2019 -	Saturday
- 7:00 - 8:00 AM	REGISTRATION
8:00 – 8:15 AM	OPENING PRAYER
	TUGUEGARAO CITY, CAGAYAN VALLEY, PHILIPI

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8:15AM-9:30AM

PLENARY SESSION 4

HEALTH BREAK

LUNCH BREAK

PLENARY SESSION 5

"Internationalization and Transnational Education: Innovative and Collaborative Strategies and Models" Dr. Yazrina Yahya 15

Director, Corporate Communication Centre National University of Malaysia

9:30-10:00 AM

10:00-12:00 AM

12:00 - 1:30 PM

1:30-3:00PM

3:00-3:15 PM

3:15-5:00 PM

5:00-5:30 PM

"Peace Education and Intercultural Understanding in a Globalized Society" Dr. Matin Royeen Consultant, Rush University Medical Center, Chicago Cross-Cultural Consultant & Director of United Alliance

CONCURRENT SESSION 4 / RESEARCH PRESENTATIONS

REFRESHMENTS

Global Solutions

PANEL DISCUSSION *"New Technologies in the Delivery of Adult and Lifelong Learning"* James Moore, MSc TESOL Educational Consultant, Brunei, Egypt, Taiwan, Oman National Examination Writer and Head Oral Examiner, Center for British Teachers – Brunei

Dr. Rene Bersoto Consultant, Asian Consulting and Training Group Asian Institute of Management (AIM)

Mr. Mc Allen Reonel Sebastian Cacacho Founder, HackTheNorth.ph | Cyber Security Engineer Awardee, Ten Outstanding Students of the Philippines 2008

CLOSING CEREMONY Closing Remarks **Dr. Agripina** (Ways Forward) Vice Presider Closing Prayer Group Picture-Taking Distribution of Certificates

Dr. Agripina B. Maribbay Vice President for Academics, SPUP

DAY 4: December 15, 2019 - Sunday LOCAL TOUR (OPTIONAL)

INE TUGUEGARAO CITY, CAGAYAN VALLEY, PHILIPPINES

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	Teleconference Room	Integrating Technology in Mixed Methods Research as a Novel Approach in Nursing Research <i>Tetsuya Tanioka, RN, PhD,</i> <i>FAAN; Fenibetriana, RN, MSN,</i> <i>Rozzano C. Locsin, RN, PhD,</i> <i>FAAN; Yuko Yasuharo, RN, PhD,</i> <i>Kyoko Osaka, RN, PhD</i>	Shedding Light on Climate Change as Significant Risk Factor towards Development of Coronary Artery Disease among Elderly Clients: Basis for Enhancing Primordial Prevention Karen Mae S. Alcantara, MSN	Knowledge and Beliefs on HIV- AIDS among Students of Medical Colleges of Northern Philippines and International School of Asia and the Pacific Louise V. Cabling, RN, MAN, Louise V. Cabling, RN, MAN,
	Business Incubation Lab	Meaningful Approaches to Learning World Religions and Belief Systems towards Building Bridges of Understanding <i>Genevieve Balance</i> <i>Kupang, Ph.D</i>	Active Participation in Peace and Politics as a Christian Demand: Experience of Priests as Politicians Gladiolus Gatdula, PhD	Mainstreaming Arts in Global Citizenship Education Allan Peejay M. Lappay, PhD
30 PM	Review Room 2	Challenges and Opportunities in Higher Education 4.0: A Literature Review <i>Pilar B. Acorda, DME</i>	Construction of "Integration of Inside and Outside System" in College Physical Education Curriculum Luo Yueping	Impact of Reflective Journal Writing as Learning Tool for Personal and Professional Development Carmela V. Perez. Jamil Al-If'alid B. Accad. Lucia B. Beekham: Winny D. Dalit: Jerome J. Eser, Darryl C. Locañas. Anna Clarissa C. Panes
: December 12, 2019; 5-6:30 PM	Review Room 1	Implementation of the Classhome: Its Perecived Effects and Challenges <i>Estela L. Cariño,</i> <i>Ed.D., Ceso IP</i>	Effectiveness of the Planning Process of DepEd Region 2 Francis Deo T. Ventura, PhD	Implementation of DepEd Order No. 40, S. 2012: The Case of Sta. Teresa Elementary School Zenaida O. Quilenderino, PhD
	Plenary Hall 3	Tentative Approach to Liu Miqing's Thoughts on Translation Zeng Lizi	Rhetoric of Secondary School Paper Editorials Gynelle D. Follante, PhD	"Why I Don't Speak Like Mom and Dad": Language Identity, Maintenance and Shift of IP Students Josie Jordan Gineta- Roxete
Concurrent Session / Research Presentation 1	Plenary Hall 2	Development and Validation of Quality Caring in Nursing Tool for Indonesians <i>Chatarina Hatri Istiarini</i> , <i>PhDNS; Josephine D.</i> <i>Lorica, DPA, RN</i>	Development and Validation of a Caring Empathy Assessment Tool for Indonesian Nurses <i>Wiwin Martiningsili</i> , <i>PhDNS</i>	Musculoskeletal Management using Transcuttaneous Electrical Nerve Stimulation Machine and Local Pain Relievers Harlean S. Lim
Concurrent Sessi	Plenary Hall 1	International Collaborative Development Programs of Tarlac Agricultural University Dr. Christine N. Ferrer	Countermeasures of International Exchange and Cooperation in Human Provincial Higher Vocational Colleges Zeng Yihua	Nurses' Level of Awareness on ASEAN Integration, Its Prospects through AEC Policies and Opportunities through ASEAN MRAon Nursing Services <i>Amiel Francisco Reyes,</i> <i>RN, MSN, LPT</i>

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Lived Experience of Select Healthcare Providers on Measles Vaccine Hestancy Among Community Dwelling Residents <i>Norilyn Linchanco, RN, MAN</i> ; <i>Aira Jireh F. Abuda, RN: Maria Karmela S. Digma, RN:</i> <i>Shan Pauline Dg, Manorang,</i> <i>RN: Ellah Trixie E. Sarroca, RN</i>	Awareness Level of Barangay Baliuag, Peñablanca, Cagayan on Department of Health Programs Rell Genesis C. Mandae; John Michael I. Unipa	Effectiveness of Community – Based Intervention Program for Type2 Diabetes Mellitus Elderly Anabel T. Bauzon
Moral Competency Level of School Leaders in Selected Catholic Schools in Cavite, Philippines Mariano Thomas S Ramirez, EdD	"Be Aware": An Android-Based Virtual Reality Game on Disaster Preparedness and Response Training Francis Xavier Castilla; Mark Drevler Magno: Razele Anne Uillanneva; Elcid A. Serrano	
Students Awareness on Educational Tour Policies (CMO#17 S.2012) Ficente D. Carillo Jr.	Effects of Brain Hacking on Student Learning Marites V. Fontanilla	
Development of OBE- Based Teaching Guides for Teacher Education Courses Agripina B. Maribbay, PhD	Prospects and Challenges of Ubiquitous Learning in Graduate Education Inicia C. Bansig. PhD	SPUP Libraries in the 4 th Industrial Revolution: A New Landscape <i>Rosalinda T.</i> <i>Tanguilan, PhD</i>
Effectiveness of Phone- Kit in Enhancing the Phonemic Awareness of Grade I Pupils in Mother Tongue Iloko <i>Ahllyn C. Danguilan</i> , <i>Ph.D.</i>	MTB-Ibanag: A Retrospect of Ils Implementation in SDO City of Ilagan Firginia A. Bergonia	Students' Knowledge on Plagiarism: Basis for SPUP Honor Code Framework Bryan B. Echanique
Transition Readiness Tool for Curriculum Change for Nurse Educators <i>Maria Socorro C.</i> <i>Domingo</i>	Caring of Clients with Chronic Illnesses: Nurses' Attitude At Selected Hospitals in Cabanatuan City, Philippines Kristhine Abegail M. Gamiao	Periodic Athletic Training on Swimmers' Physiological Changes - Sample on Fu Jen Catholic University Swimming Team <i>Huang Yi Ching:</i> <i>Hsn Fu Shu</i>
Competitiveness and Comparability Study of Philippine Nursing Institutions and Neighboring Countries: An Organizational Performance Belinda M. Capistrano. MAN, RN; Wilhelmina Z. Atos, PhD, RN	Ethnography of Intercultural Education: A Textual Analysis of Cross- Sectional Textbooks of a Catholic University Ronel P. Dela Cruz, PhD	Skill Application and Analysis of Male's Matches in Semifinal of World Karate Competitions Hsu Peng-cheng: Chen Iu-jen

INES TUGUEGARAO CITY, CAGAYAN VALLEY, PHILIPPINES

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Teleconference Room	Estimation of Economic Loss and Fatalities of M8.0 Earthquake using REDAS Simulation in Apayao Agustina G. Pattung, Elias Edan, Jr.; Lloyd Mark Razalan; Nathamiel Aliburog: Leonila Bautista;	Feasibility Study on Feasibility Study on Offering Master in Business Administration with Specialization in Digital Marketing Antoniette Z. Lacerna, DBA	Survey and Documentation of Wild Fruits, Plants, and Flowers in Apayao Province Allen Mayodong	Economic Contribution of Capital Build-Up Programs of Cooperatives in the Province of Ilocos Sur Dr. Melvin S. Laureta
Business Incubation Lab	Teachers' Attitudes and Reactions towards School Easting Loss a Loss a Los a Loss a Los a Loss a Los a	HEJ's Compliance on Fee Educational Tour Policies Offerin (CMO #17 S.2012) Ad Adomic Ficente D. Carillo Jr.	Wellness Profile of Survey Schools Division Office - of Wild Marikina Personnel: Flowers Basis for Health and Wellness Program Development Junilord N. Tormes, MAN. RV	Humor Therapy in Econor Alleviating Stress and Loneliness among Loneliness among Healthy Filipino Elderly Healthy Filipino Elderly Coopera Men Ko I'amessa O. Umali MAN O RN: Henrex M. Mendoza Dr. M
Review Room 2	Prepare Me: The Four- Dimensional Approach Ma. Loida M. Marquez, DM-HRM	Contributory Factors and Incidence of Depression among Students Of MCNP <i>Roweena Q. Lopez:</i> <i>Marry Cris L. Calpito</i>	Role Identity Versus Role Confusion: An Assessment on Psychosocial Development of Senior High School Paulinians of St. Paul University Iloilo	
Review Room 1	Effectiveness of Assimilating Technology in Drafting <i>Ramelito R. Paler</i>	Using Open Source Data Mining Tool to Monitor Classrooms Utilization Pedro C. Flores, Mary Rose F.	CHTRUSGUARD: A Decision Support System forDiseases and Insect Pests Management and Control using Prediction Models Carmelo Alejo D. Bisenera	Acceptability of Developed Fire Detection and Alarm System (FDAS) Trainer Patrick Don Raumel P. Cayaco
Plenary Hall 3	Voice of Carers: Lived Experiences of Caregivers of Dialysis Patients Mohammed Bien M. Kulintong: Stitieshaira M. Tukan	Sobering Up: A Journey Towards a Renewed Life of Post Drug Rehabilitation Patients Regie P. De Jesus, MAN	Quality Indicators of a Healing Garden Therapy Program in Hospitals using Delphi Method Agustina Sri Oktri Hastuti, PhDNS: Josephine D. Lorica, DPA: Christantie Lorica, DPA: Christantie	Caring: A Normative Value in Nursing Education and Practice in the 4 th Industrial Revolution Maria Elizabeth C. Buua, DNS, Maria Girlie Jordan, MSN: Miriam Pattugalan, MSN
Plenary Hall 2	Cognitive Ability of First Year Nursing Students in Major Subjects Anchored in Outcome-Based Education Sreve M. Esteban	Preparing IT Education in the Fourth Industrial Revolution Maria Visitacion N. Gumabay, DIT	Integration of Artificial Intelligence Technology in Curricula of Studies Marifel Grace Capili- Kummer, DIT	Mobile Device Preferences and Common Internet Activities among Nursing Students in a Private Tertiary School in Valenzuela City Aida V. Garcia, MAN RN; Aida V. Garcia, MAN RN; Jane J. Climacosa RN; Jane J. Climacosa RN; Laryn C. Rennee Angellou O. De Leon RN; Laryn C. Mauricio RN, Ross Jun D
Plenary Hall 1	Campus Ministry in Tuguegarao Archdiocesan Schools System (TASS): Basis for a Proposed Integrated Campus Ministry Program <i>Rev. Fr. Macario L. Malano,</i> <i>Jr.</i>	Fourth Industrial Revolution: Its Challenges and Imperatives on Spirituality Allan Peejay M. Lappay, PhD	Level of Spiritual Intelligence of Staff Nurses in Selected Tertiary Government Hospital towards Holistic Developmental Care Plan Noel Miguel D.G. Caponpon, MSN, RN	Recovery from Drug Dependence: A Case Study on the Use of Faith-Based Approach in Treatment of Drug Dependence Mariano Thomas S. Ramirez EdD: Manjackkal Kizhakkal Jijimon Joy, MA

Concurrent Session / Research Presentation 2: December 13, 2019; 10:30-12 AM

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Accounting Profession in Industry 4.0	Marjorie L. Bambalan, MBA, CPA					
Self-Efficacy and Grit's Occupational Stress, Work Role on Academic Life Balanceand Job Defermence annue of High	School Teachers	Charlene C. Pita, LPT,	RCG			
Self-Efficacy and Grit's Role on Academic	Young Mothers	Claudeth U. Gamiao.	PhD			
Level of Learning and Development	the Effectiveness of Automated Quality	Assurance,	Monitoring	and Evaluation (QAME) of DePed	Regional Office 02	Ronnie P. Guiloy
Parenting Styles, Coping Strategies, and Self-	Basis for Caring-Based Maternal Health	Resiliency Program		Leila D. Benito		
Teaching Googled Learner: Rethinking 21 st Century	skins in the Fourth Industrial Revolution		Evelyn Elizabeth L.	Pacquing, MST		
Comparative Analysis of Catholic Marriage Rites	of Trent (1570 Missale Pomonum & 1614 Rituale	Romanum) and Second Vatican	Council (1969 ordo Celebrandi	Matrimonium)	Carlo Enrico C. Tinio	

oncurrent Session / Research Presentation 3: December 13, 2019; 1:30-3:30 PM

	Plenary Hall 2	Plenary Hall 3	Review Room 1	Review Room 2	Business Incubation Lab	Teleconference Room
	Com Diseases Automated Recognition System Using Convolutional Neural Network Benjamir E. Bulawit Jr.; Anthony Y. Paras, DIT	Perceived Effects of Adolescent Health and Development Interventions on the Behavior of Adolescents <i>Emolyn M. Iringan, PhD:</i> <i>Josephine D. Lorica, DPA:</i> <i>Evelyn Elizabeth L.</i> <i>Pacquing, MST:</i> Clandeth U. Gamiao, PhD: Lita A. Jose, MBA	Capability of Dadda, Tagga, Gosiand Namabbalan (DaTaGoNam) Teachers in Conducting Action Rescarch: Basis for an Enhancement Program Analiza Escala Talattad	Strategies to Improve Childhood Immunization Coverages:An Integrated Literature Review Amatus Y. Ismanto: Josephine D. Lorica	Innovation of Culinary Arts in the Fourth Industrial Revolution Glen C. Cagurangan, DBM	K-12 Classroom Assessment: Teachers' Knowledge and Practices in Secondary Mathematics Kathiene Mae L. Sabado, MAEd
1	Information and Communication Technology (ICT) Literacy of School Principals Arnie M. Cadiente, MAEd: Andres E. Bangon, PhD	Traumatic Stressful Life Events and Coping Ways of FemaleWorkers of the Kabul University Female Domitory <i>Spozhma</i> r <i>Oriya</i>	Utilization of Media Teehmology in the Teaching Performance of Teachers of Tuguegarao North District: An Assessment Analyn Q. Canilan	Knowledge, Attitude, and Practices of Maguindanaon Mothers on Child's Immunization In Pikit, Cotabato Mohammed Bien M. Kulintang	Tourrism Sector in the Context of the Fourth Industrial Revolution Marie Krizra M. Calagui, MSHM	Integrating Flipped Classroom in Teaching Calcutus: the Senior High School Students' Experience <i>Roldan C. Bangalan,</i> <i>DME</i>

Service Learning: Keeping it Alive in the FIRe <i>Eva C. Dela Cruz,</i> <i>DPA</i>	Quantset: Facuity Scheduling Functional Program Lovell M. Abello, CPA. DBA. IP, LPT, Xero Certified, FRIRES, RUIVPF, Jean Paolo G. Lacep, DBM, DBE, RMP, AMED, FRIRES, FRIEDR, RUIVPF, Amor I. Barba, MM	Trends and the Inhibition of Choosing Nursing among Senior High School Students in a Public Secondary School in Valenzuela Maria Sheila Mujemulta Man, RN: Michael Salvador RN; Jhelite Gantani RN; Angelica Oliva RN	the Letter Formation Skill of Kindergarten Pupils of Balingit Elementary School for School Year 2018 – 2019 Marivic T. Mogado	among Filipino Children with Attention Deficit Hyperactivity Disorder (ADFID): A Multi- Method Inquiry Sharon B. Cajayon RN. MAN: Michael Joseph S. Diño. PhD. MAN: RN: Daniel M. Valdez RN: Eunice John M. Medina RN: Faola Loisse De Guzman RN: John Rey Estudillo RN	Philippines: A Strategic Entrepreneurial Framework Maria Luz Lourdes M. Paulino, DBA	Teachers' Disposition Towards Mathematics Restituto M. Llagas Jr., DME
Physical Resources of Civil Engineering Program among Government Universities In Eastern Visayas Region, Philippines <i>JrIJ.B, Ph.D</i>	Development of Browser-Based Cooperative Records Management with Loan Assessment System Jessie Richie Naval De Los Santos, MIT	Lifelong Learning Skills in the Fourth Industrial Revolution among Psychology Graduates Ama Marie A. Hernandez, PhD	An Anatomy of Profile, Challenges and Adaptation Practices of SHS Implementing Schools of the City Division of Ilagan: Implications for Local Policies and Innovation Marie Rose P. Ramos, Cherry S. Ramos, EdD, CESO II'	"Can You Read My Mind?" Capturing the Mindsets and Perceptions of Parents Caring for Children with Attention- Deficit-Hyperactivity-Disorder Jocelyn Tebrero, RN, MAN: Pinel Ahlexis G. Garcia; Parricia Denize Milexis G. Garcia; Parricia Denize St. Espinosa RN: Bryan Kenneth M. Garcia RN: Juhiele O. Parentic RN: Prince Rhudee Justin B. Portheas RN	Organizational Communication in Selected Hotels in Tuguegarao City Marie Krizya M Calagni, MSHM Jenie Am Canapi, MSHM	PSDS Level Of Perception and Implementation on School Mathematics Programs: Basis in Fornularing an Enhanced Supervision on Mathematics Instruction <i>Romel Luyun-Libang.</i>
Online Gaming Addiction: Its Relationship to College Students' Academic Performance <i>Ryan John M.</i> <i>Calubaquib</i>	Epidemiological Mapping and Surveilance System of Infectious Diseases Using Spařial Data Analysis Darios Alado	Relating Academic Performance with Level of Conformity to Group Pressure among Paulinians Caroline Mae G. Gopun: Eva T. Aldon	Knowledge, Skills and Attitudes (KSAs) of Teachers in the NCBTS Domains: Basis for Policy Development Judith D. Baclig, Ph.D.	Filipino Nurses' Perspectives on Supporting Children during Needle-Related Medical Procedures Malania Concepcion, RN, MAN; Bryan Joshna M. Tabaco, R.Ma. Cristelle Ann O. Dimopelis, RN; Stephanie Escasinas, RN; Philip Linus Gilbert, RN	Environmental Virtues in St. John Paul Ii Village in Infanta, Quezon, Philippines <i>Rowel T. San</i> <i>Sebastian. PhD</i>	Improving Academic Performance in Mathematics through RMEA Christopher P. Alejo
Philippine Accountancy Curricula Analysis vis- a -vis International Certification Curricula towards Internationalization <i>Giged Tong-</i> <i>Battung</i> . <i>CPA, DBM;</i> <i>Atty. Melchor A.</i> <i>Battung</i>	Comparative Study between Manual Enrollment and Computerized Enrollment System Greg S. Campos	Depression and Coping Mechanisms of Overseas Filipino Workers Johmel Labrador	SBM Project Inno (Ilagueñong Nagkakaisa at Nagtutulungan Tungo sa Dekalidad na Operasyon Sa Paaralan): An Implementation Review in SDO City Of Ilagan Nicole Kris L. Silva; Juliet V. Gumpol; Eden B. Baltazar	Knowledge and Behavior towards HIV, AIDS among Young Adults Gilbert Anthony O. Abaño, RN, MAN	Effectiveness of PA- Based Assessment in Teaching TLE-IA to Grade 6 Learners of Sta. Teresita Central School <i>Noemi T. Siubal</i>	Twenty-First Century Skills in Teaching and Learning Trigonometry Beatrice Dejaño-Mabitad

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NHS through "#GivMeAllofYou" SIM Performance of Grade 9 Students of Ballesteros Enhancing Chemistry Evelyn De Austria Patrick Neil Bordador RN; Rose Irma Anne Cabiling RN; Teresa Correlation of Parental Feeding Francis A. Vasquez MAN, RN; Style to Nutritional Status in Karuhatan, Valenzuela City Adopted Community of Ann Handley RN Andres RN: Pedagogical Content Knowledge Itawes National High School Teachers' Delivery on Maribel Ranjo Serafica -Arellano, Ph. D. Level of Self-Care Routine Mico May M. Regis, RGC and Job Satisfaction of Guidance Advocates Management System Rogelio Ag-A Doctor Jr. Student Accounts of Saint Tonis College, Inc. University Philippines Model for Marketing Innovation for St. Paul Juvie D. Bacani, DBM Integrated Industry-Based Academic Education: Value

Concurrent Session / Research Presentation 4: December 14, 2019; 10-12 AM

Teleconference Room	Institutional Sustainability of St. Paul University Philippines using Four-Perspective of Balanced Scorecard Shirley A. Enriquez, MBA	Student Research Experiences in Death and Dying Patients: Advancing Triadic Triangular Model Aida I. Baurista, PhD, MAN, Leona Rose S. Obejas, Catherine T. Magparo, Jenny A. Orbizo
Business Incubation Lab	Career Choice Factors: Implications to 21 ⁴ Century BS Tourism Management Curriculum <i>Franklin F. Guiling</i>	Craft-Making, Tool to Enhance Remembering and Multi-Tasking Skills of Filipino Elderly Caroline San Diego RN, MAN: Baby Lynn Dela Cruz RN: Alhivsta Barrera RN: Alhivsta Gabrelle Ciudad RN: Jessica Dela Cruz RN: Michelle Anne Enero RN: Johin James Roxal RN: Johin James Roxal
Review Room 2	Text Messaging in Management of Diabetes: A Meta-Analysis Gerald T. Evongelisto, RN, MAN	"You'll Get used to It": Lived Experiences of Filipino Nurses in Dealing with Death and Dying Patients Potenciana A. Maroma. PhD: Jackielyn D. Mateo. RN: Maria Angelika Carlos, RN: Himslet Rose I'. Chua, RN: Jeannifer S. Ponseca, RN Ponseca, RN
Review Room 1	Cultural Practices of Kankana-Eys toward Development of Lesson Exemplar in Understanding Culture, Society, and Politics Fillen Pia L. Justo, MAEd	Struggle for Land: The Alangan Mangyan's Consciousness in Ancestral Domain Gladiolus M. Gatdula, PhD
Plenary Hall 3	Guidance Information Management System (GIMS) of Quirino State University Kaycee Martinez- Gromeo	Student Academic Advising System of Cagayan State University Marricon P. Yadao
Plenary Hall 2	Economic Contribution of Rice- Based Products in Region 02 Dr. Florentina S. Dumlao; Dr. Arthur G. Ibañez; Denis V. Policar:Marigold M. Soriano	Emerging Business Strategies: Surviving the 4.0 Challenges <i>Charito Manuel-</i> <i>Guillermo. DBM</i>
Plenary Hall I	Self-Care Knowledge, Behaviors and Practices of Hypertensive Patients: Basis for Health Promotion Program Dwi Migroho Heri Seputro, PhD; Ma. Elizabeth C. Baua, DNS	Preparation and Consideration in Intermediaries during Robot Therapy for Older Adults Adults Kyoko Osaka, Tetsnya Tamioka, Yuko Vasuhara, Rozamo Locsin

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PTOMOUULI FUGLAL	DMT	:		Creemcin M. Santos, DNS,	Madelyne T. Maslang,	Hanah Alyana Bunag RN;
Emelie J. Tan		Paraluman Maria Fatima B. Pesito: Maria		RN; Gerald T. Evangelista.	Josefina B. Batugal; Lea	Marina Consuelo Alberto KV, Krizzel Anne Cañezal RN;
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toward Health Promotion	on Advancement for School Heads (Flash): A Policy	Developinent	Lea D. Balingit	Gerardo A, Nicolas, MAN,	Implementing Rules and Regulation	A Quast-Experimentation
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SOBERING UP: A JOURNEY TOWARDS A RENEWED LIFE OF POST DRUG REHABILITATION PATIENTS

Regie P. De Jesus, MAN Dr. Yanga's Colleges, Inc. regiedejesus@yahoo.com

Recovery from substance abuse involves not only the process of going through a structured treatment program at a drug rehabilitation center, but also a lifelong commitment to abstain from the use of these substances. From the nurses' perspective, this study therefore aimed to develop a model and an in-depth understanding of the post rehabilitation patients' journey towards a renewed life. The researcher utilized a Glaserian approach in conducting a grounded theory inquiry. Employing theoretical sampling, the researcher gathered self-report data through in-depth interviews and informant observations. The informants of this study were the twelve (12) post rehab patients who have been out of the rehabilitation institution for at least a year. Data saturation was reached after ten (10) informants were interviewed. Generated data were transcribed verbatim and were coded (categorized and clustered based on context). Content validation by two experts was then done to prevent researcher's personal biases from altering the codes. The journey of the post drug rehabilitation patients towards a renewed life is reflected by the 5R's of the Sobering Up model. This includes Recognizing realizations, Revisiting life goals, Relapse prevention, Reestablishing support system and Reintegrating with community. One realization that is seen to be of paramount importance is the renewal of their spirituality which is described as their most powerful motivation. Complete transition from rehabilitation (revisiting life goals, relapse prevention, reestablishing support system) to a renewed life terminates with the reintegration of the informants with the community. Based on the results, it is therefore concluded that the transformation process does not end after the completion of the structured rehabilitation program. The aftercare is equally rigorous to bridge the transition between rehabilitation and a renewed life. Moreover, spirituality has been identified as their biggest driving force to rebuild their lives. This result highlights the nurses' expanded role and responsibility in the psychological and spiritual well-being of these patients.

Keywords: post drug rehabilitation, renewed life, grounded theory, sobering up model

QUALITY INDICATORS OF A HEALING GARDEN THERAPY PROGRAM IN HOSPITALS USING DELPHI METHOD

¹¹Agustina Sri Oktri Hastuti; ¹²Josephine D. Lorica; ¹³Christantie Effendy

Stikes Panti Rapih Yogyakarta, Indonesia^[1]; St. Paul University Philippines^[2]; Universitas Gajah Mada, Indonesia^[3] Oktri_07@yahoo.com^[1]; jlorica@spup.edu.ph^[2]; Christatntie.ugm@gmail.com^[3]

People need hospital services because they are experiencing various health problems both physically and psychologically. Hospitalized patients experience substantial stress like pain, and other pressures associated with illness. Creating a healing environment is one of the goal of caring. Healing Garden Therapy Program (HGTP) is an important program that could be developed to support the patient's healing process. The purpose of the study was to develop quality indicators of a HGTP in Indonesian hospitals. A Modified two-round RAND Delphi procedure was conducted between January and April 2019 at two private hospitals. The participants (panelist) were chosen purposively but only 18 completed the two rounds. The Delphi method utilized semantic scale consisting of nine points. In first round, twenty panelists consisting of different professions and patients were involved to rate the appropriateness of the 65 potential quality indicators. In the second round, eighteen panelists rated the 26 potential quality indicators. Results show that the panelists considered the 64 quality indicators as valid. Panelist likewise considered majority of the items in quality indicators with strong agreement. The quality indicators were divided into 25 of structure indicators, 15 of process indicators, and 24 of outcome indicators. There are 64 quality indicators of the Healing Garden Therapy Program in hospitals, and it is suggested for pilot testing in the different kinds of hospitals.

Keywords: RAND Delphi, Healing Garden Therapy Program, Indonesia, Holistic, Caring Indicators

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THE QUALITY INDICATORS OF A HEALING GARDEN THERAPY PROGRAM IN INDONESIAN HOSPITALS USING MODIFIED RAND DELPHI METHOD

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> Josephine D. Lorica St. Paul University Philippines jlorica@spup.edu.ph

Christantie Effendy Medical Surgical Nursing Department Universitas Gajah Mada, Indonesia <u>christantie@ugm.ac.id</u>

ABSTRACT

Background: Hospitalized patients particularly who facing uncertainty condition experience both physical and psychological problems associated with illness. Creating a healing environment is one of the goal of caring in order to support healing process. Healing Garden Therapy Program (HGTP) is an important program could be developed to support patient's healing process. The purpose of the study was to develop quality indicators of a HGTP in Indonesian hospitals. The purpose of the study was to develop quality indicators of a HGTP in Indonesian hospitals.

Method: A Modified two-round RAND Delphi procedure was conducted between January and April 2019 at two private hospitals. The panelist were chosen purposively. The Delphi method utilized semantic scale consisting of nine points. In the first round, twenty panelists from different professionals and patients were involved to rate the appropriateness of the 65 potential quality indicators. In the second round, eighteen panelists were rated the 26 potential quality indicators.

Result: A total of eighteen panelists considered of the 64 quality indicators face-valid. Panelist were considered majority of the items in quality indicators with strong agreement. The quality indicators were divided into 25 of structure indicators, 15 of process indicators, and 24 of outcome indicators.

Conclusion: We developed 64 quality indicators of Healing Garden Therapy Program in Indonesian hospitals, and we suggest it to be testing/piloting in many different kind of hospitals.

Keywords: RAND Delphi, Indonesia, Healing Garden Therapy Program, Quality Indicators, Caring, Holistic

THE QUALITY INDICATORS OF A HEALING GARDEN THERAPY PROGRAM IN INDONESIAN HOSPITALS USING MODIFIED RAND DELPHI METHOD

Background

One of the missions of a hospital is to provide quality health services affordable to a community in order that it can improve the health status of the community by prioritizing patient safety (Law of the Republic Indonesia Number 44 of 2009) about hospital. Therefore, hospitals must meet the requirements of location, building, infrastructure, human resources, and equipment. Likewise, the Joint Commission on Accreditation of Hospitals (JCAH) provides a requirement that patient and visitors should have opportunities to contact nature. (JCAHO, 2009). Indonesian Minister of Health Regulation No. 24 of 2016 emphasizes that the hospital must provide a garden as a preservation area for healing. The area is at least 15% of the total land area of the hospital property.

Healing Garden (HG) is an evolving concept, that is gaining popularity today (Pouya et al. , 2016) that involves the holistic healing for the patients in a hospital (Vapaa, 2002). Associated with the duties of nurses, the development of the Healing Garden Therapy Program (HGTP) is important. Besides it is able to optimize the existence of a garden around the hospital as well as to realize the holistic services for patients.

People need hospital services commonly because of experiencing various health problems both physically and psychologically.(Effendy, 2015) Hospitalized patients experience substantial stress like pain and other pressures associated with illness. Patients' stress has a variety of manifestations that work against wellness which are physiological, psychological, and behavioral (Ulrich, 2015). In addition, disease conditions in the hospital environment can affect the quality of life of the patients.

For this reason, a health care team should be aware about the problem and the needs of the patient personally.(Effendy et al., 2015) Patient-Centered Care (PCC) can be the best approach to meet this issue (Revnold, 2009). Especially, the presence of nurses is needed to explain various things and make patients feel comfortable while in the hospital. As a professional, nurses should be able to understand the need of the patients in order to enhance their quality of life.(Effendy et al., 2015)

Literature Review

Watson (2008) recognizes that nurses must be able to understand carative factor in carrying out "caring", and should have a role in creating a healing environment at all levels (physical as well as non-physical), subtle environment of energy and consciousness, whereby wholeness, beauty, comfort, dignity, and peace are potentiated. Likewise, Roger's theory (1970) is known as the Science of Unitary Human Being. According to her, humans are seen as integral to the universe. Human as a whole and environment are one, not dichotomous. She argues that nursing focuses on humans and the manifestations that arise from the human and shared environment process. On the other hand, the Theory Restorative by Ulrich (1999) indicates that the basic principle of the theory revalued around four dimensions that the garden provides: social support, sense of control, physical movement and exercise, and access to nature and other positive distraction.

Healing Garden Therapy Program is one of the ways of healing by collecting the patients in the garden for the purpose of spiritual therapy, refreshing of the mind, and increasing the motivation to heal in a comfortable and joyful situation. Therefore, patients who experience acute stress can experience significant recovery will ultimately improve the health outcome. Many studies have found that Healing Garden Therapy can contribute to healing such as physical, psychological, social, and spiritual (Hutton and Richardson, 1995; Ulrich, 2007; Toone, 2008)

Hospitalized patients who experience with the opportunity to looked into the garden through the window, had a shorter length of stay, fewer complications, less using of antibiotics and pain killers, and get a more positive response seen from the nurses' notes than those in the rooms facing the wall (R S Ulrich, 2007). The healing garden also contribute to reduces the stress of parents of hospitalized pediatric patients. Toone (2008). Barello and colleagues found that the positive experience of therapeutic gardening as a protected self-expression space, a boost for self-efficacy and a bridge between the hospital environment and the outside world (Barello, Serena, Graffigna, Guendalina, Menichetti, Julia, Sozzi, Matteo, Savarese, Mariarosaria, Bosio, Cladio, A.,& Corbo, 2016). A therapeutic garden also effective to reduce stress-related diseases and contribute to be natural help therapy in the rehabilitation program (IVarsson, C.T. & Grahn, P. (2016)

Evaluation of service quality is the key to ensuring that patient needs are met and determining interventions that must be carried out to improve services (Foebel, et al., 2015). One way to identify the good / bad service is to use quality indicators that can indicate the presence or absence of potential poor service.

There is only few hospitals in Indonesia have a Healing garden program. Yet, the program has no standard for the quality of the program.

Panti Rapih hospital in Yogyakarta and St Carolus hospital are two of some hospitals have garden and it is used for Healing Garden Therapy Program (HGTP) for hospitalized patients. This program is held every Saturday. In addition, the hospital does not have a standardized program because the program presented to patient still varies depending on the cultivity of which unit is leading like the program at the time. In both hospitals, the patients' experienced that by participating in a HGTP, they felt that they received holistic care. (Hastuti, 2017)

There is limited study has been found specifically due to quality of indicators of the Healing Garden Therapy Program for patients in hospitals. Therefore, the researcher wants to contribute in developing nursing science by making a study that will help develop a Healing Garden Therapy Program that can be applied in hospitals and adopted to local culture. In this study, the researcher developed quality indicators of a Healing Garden Therapy Program in Indonesian hospital using Modified Delphi method that included two (2) rounds.

Methodology

The study design used the Modified two-rounds RAND Delphi method to measure of expert's consensus. The Delphi method utilized semantic scale consisting of nine points. It was applied as a tool and method for consensus building using a series of questionnaires to collect data from a panel of selected participants (Habibi et al., 2014; Lindeman, 1975 as cited in Freitas, 2015). The Delphi method is a research approach to gain consensus using a series of questionnaires and the provision of feedback to participants who have expertise in the key areas (Habibi, Sarafrazi, & Izadyar, 2014; Hsu & Ohio, 2007, Levy, 2018). The research questions and aims in Delphi studies must have direct bearing on

informing practice, policy, or decision making (Brady, 2015). Furthermore, Thangaratinam & Redman, (2005) discussed that Delphi is used as a means of actually producing the guidelines, particularly when the available evidence in insufficient or conflicting. From January to April 2019, data were collected by a researcher at two private hospitals in Indonesia.

The participants (panelist) were chosen purposively. In first round, twenty panelists from different professionals and patients were involved to rate the appropriateness of the 65 potential quality indicators. In the second round, eighteen panelist were rated the 26 potential quality indicators.

Modified RAND Delphi Method

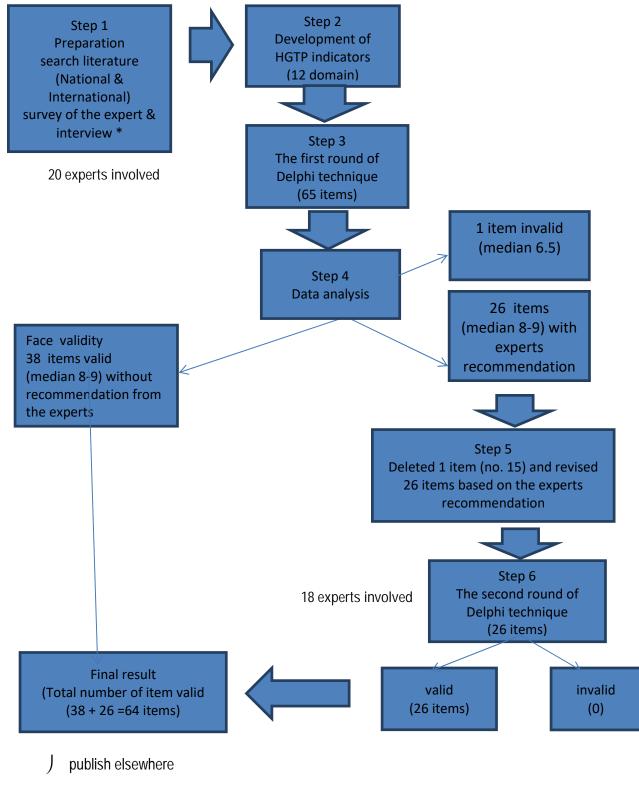
Round I. The Delphi technique questionnaire had 65 items with semantic scale consisting of nine points starts with very negative (1) until very positive (9). The survey was conducted via online. The researcher sent 65-item questionnaire to 21 participants individually. However, only 20 filled up questionnaire were retrieved. The survey was conducted via online, by sending the Google form of the questionnaire through email and whatsApp. The next is the data analysis, After received experts' answer, the researcher computed the data and sorted out the experts' answers which included high rating (7, 8, 9), which were considered valid, the median (4, 5, 6) and low rating (1, 2, 3), which would be revised based on the experts' recommendation. In the first round with the median 8-9, we indicated 38 of 65 indicators were face valid without comments from the experts, and only one indicator indicated invalid with median 6.5. In this round, there were 26 indicators with comments from the experts and we decided those indicators should be re-rate in the second round. Researcher revised the 26 indicators with note that 1 indicator (number 15) was deleted, then four indicators (number 19 & 20), and number 23 & 24) were combined because of their similarity meaning, and the revised for 24 indicators, and two new indicators were added based on the participant's comments. This stage, the participants had chosen between point one (very negative) to point nine (very positive) according to the opinion. Then, development of the revised questionnaire related to the Healing Garden Therapy Program. The questionnaire had 26 items. It also had the same nine-point semantic scale. The survey was conducted via online, by sending the Google form of the questionnaire through email and WhatsApp.

Round II. The researcher conducted the gathering of experts' opinion related to the finalization of the indicators regarding the Healing Garden Therapy Program in the hospital. After received the participant's answers, the researcher computed the data and sorted out the participants answers which included high rating (7, 8, 9), which again will be considered valid, the median (4, 5, 6) and low rating scores (1, 2,3) were deleted.

The responses from experts which are considered as valid are those with 7, 8, and 9 (from points 1-9 of the semantic scale) in step 3 and 6. After the retrieval and the processing of the data, there are 64 indicators valid with categorical median of 8.39 (Appropriate).

The items where there is a consensus already are the items where the participants have agreed (7-9). The consensus is considered complete if there are 70% of all items declared valid in the last two rounds and without recommendation from the experts. This is in accordance with Sumsion (1998) who suggested a response rate of 70% for each round in order to sustain accuracy of the Delphi method. Thus, the tool was compiled after the Delphi technique was grouped the valid items into process, outcome and structure indicators.

Figure 1. Diagram of the RAND Delphi Method



Result

To met trial of quality indicators, we preferred 2 round Modified Delphi Method between January util April 2019. In round 1, 20 of the 21 experts participated. Thirteen of them were hospital employees (nurses, midwifery, hospital administration, social worker), two of them a lecturer, two as architecture, and four of them were patients. In round 2 the same group of experts were involved, 18 of the 20 experts were participated. The median age was 42 years (range 24-60)

Ν	Characteristic	Category	Delphi I	Delphi II
0				
			N 20	N 18
			F(%)	F(%)
1	Sex	Male	6(30)	6(33.33)
		Female	14(70)	12(66.66)
2	Age	< 30	1(5)	0
		31-40	3(15)	2(11.11)
		41-50	11(55)	11(61.66)
		51-60	5(25)	5(27.77)
3	Educational	D 3	7(35)	7(38.88)
	attainment			
		S1	8(40)	6(33.330
		S2	4(20)	4(44.44)
		S3	1(5)	1(5.55)
4	Professional	Nurse	5(250	4(22.22)
		Midwifery	1(5)	1(5.55)
		Priest	1(5)	1(5.55)
		Hospital staff	3(15)	2(11.11)
		Public Relations	2(10)	2(11.11)
		Social worker	2(10)	2(11.11)
		Lecturer	2(10)	2(11.11)
		Architecture	2(10)	2(11.11)
		Private	2(10)	2(11.11)
		employees		
		Entrepreneur	1(5)	1(5.55)
	Total	-	100(100)	100(100)

Table 1. Characteristics of the participants in the Delphi round one (1), and the Delphi round two (2)

No	Domain	Ν	Round I		Ν	Round II		Final	Note
			Face valid	invalid		Face valid	invalid	Face Valid	
1	Understanding of Healing Garden Therapy program	6	4	2	2	2	0	6	
2	Events of the Healing Garden Therapy Program at the hospital	5	4	1	1	1	0	5	
3	Facilitator to conduct of Healing Garden Therapy Program	4	1	3	3	3	0	4	
4	Patients who are considered can participate	6	4	2	1	1	0	5	2 item was combine
5	The necessary facilities	4	0	4	3	3	0	3	2 item was combine be 1
6	The benefits of following Healing Garden Therapy for the patients	7	3	4	3	3	0	7	1 item was deleted
7	The benefits of following Healing Garden Therapy for the family and visitors	5	5	0	0	-	-	5	
8	The benefits of following	6	7	0	0	-	-	7	

Table 2. Number of indicators rater as face-valid per domain modified RAND Delphi round I and round II

	Healing Garden Therapy for the hospital staff								
9	Important things to consider in Healing Garden Therapy Program	7	4	3	5	5	0	7	2 items were added (patient safety & cross infection)
10	The Challenge for hospital staff to developing	4	3	1	1	1	0	4	
11	The challenge for the hospital management	4	0	4	4	4	0	4	
12	The garden design	7	3	4	4	4	0	7	
		65	38	27	27	26	0	64	

The above table shows that there were 65 potential indicators from study literature and interview in the previous study (publish in elsewhere). In round I Delphi Method, there were 38 indicators were face valid, 27 items revised based on the experts recommendation. Researcher revised the 27 items indicator with note: one (1) item (domain The benefits for patients) was deleted, two (2) items in domain Patients who are considered can participate at the HGTP and two (2) items in domain The necessary facilities needed were combine be one for each domain. Then, in domain Important things to consider in Healing Garden Therapy were added the two (2) items, namely patient safety and attention with cross infection during Healing Garden Therapy Program (HGTP) in hospital. So, that there were 26 indicators ready to be rated in Delphi method round II.

In round II, the 26 indicators from twelve (12) domains were face valid without recommendation from the experts. Finally, the 64 indicators have been valid through the first and second round Delphi method.

Understanding of Healing Garden Therapy program

Four of 6 indicators related to the understanding of HGTP in hospitals are considered in accordance with the understanding of experts (median 8-9). Understanding related to HGPT are: HGTP is an effort healing for psychological, social, and spiritual aspect, Patients are invited to the garden to reduce boredom in their room, the garden hospital present & contribution to the healing process, A confortable environment affect the physical and spiritual healing, and the activity is a holistic nursing effort.

Events of the Healing Garden Therapy Program at the hospital

Four of 5 indicators related to the event in HGTP at the hospital were all approved by experts (median 8-9). They expect that even in the HGTP are: Start with an introduction between patients and facilitators, Entertain with the form

of music, dance and games, education related health issues, Relaxation can be either mild gymnastic activity by physiotherapist, and testimonial is important thing to asking the patient's and family feelings.

Facilitator to conduct of Healing Garden Therapy Program

Four of 6 indicator of facilitator of HGTP were agreed by experts (median 8-8.5). To conduct the HGTP in hospital: Need a special team (with appointed and given a letter of assignment by the Director) to organize the program implementation, better involves the various professional in hospital, Nurses should be screening and preparing the patients who will follow the HGTP, and the team needs a support from hospital management.

Patients who are considered can participate

Five of 6 indicator were appropriate (median7-8.5). Patient who can include the HGTP are: in stable condition, the classification of minor ailments and no emergency, patients undergoing treatment and out patients, and patients who are willing to follow the HGTP after getting orientation.

The necessary of facilities

Three indicators appropriate (median 8-9) and needed to revised the structure of language. To implementation the GHTP needed: A sound system, game tools and chairs to sitting for the patients, family and visitors, also need the leaflet and banner that contains information associated with the HGTP.

The benefits for the patients

All of 7 indicators were appropriate (median 8.5-9) three of the indicators need to revised the structure of language. The Experts agreed that benefit of HGTP for the patients are: perceived as a healing therapy for the patients, patients feel more comfortable and have the spirit, get a new insight related of health, reduce boredom while staying in hospital, patients found to have a new friends/family. Other on that, patients feel joyful, more agreed that benefit of more "humanized'

The benefits for the family & visitor

Seven indicators were appropriate (median 8.5-9). The benefit of GHTP for the family and visitors are: ease stress while accompanying patients, give new motivation, get new insight about the health, change the negative image of an existing hospital into a positive change, and Improve the social relationship among patients and other families in the hospital.

The benefits for the hospital staff

All the indicators were appropriate (median 8-9). The experts agreed that the benefits for the hospital staff area: strengthen friendship and fraternity between hospital staff, encouragement and improved performance, as a meant of self actualization, become closer to patients and family, reduce fatigue and burnout at work, provide a new insight into and out of existing routine, and the hospital staff felt proud to be able to help in the healing of patients.

Important things to consider implementation

Four of seven indicators were appropriate (median (8-9), and another indicators were revision with added 2 indicator, there were consider to patient safety during implementation and anticipated the cross infection. Important things to consider the HGTP implementation are: needed to socialized with to all employees and existing health profession in the hospital, the event created dynamism and do not monotonous, consider the time was needed, the event of arrange joyous, need prepare snack and beverage for the patients according to their diet, and the nurses should be accompanying patients during the HGTP implementation.

The Challenge for hospital staff

Three of 4 the challenges for hospital staff were appropriate (median 8). There are: the event can presenting interestingly, how to able to harmonized of the different background and culture of the participants, how to able to collaborate with outside parties to organizing the HGTP, and how to be able to make the patients smile and not disappointed during the HGTP implementation.

The Challenge for hospital management

All the indicators of challenges for management to developing the HGTP were appropriate (median 8).

There are: how to make the HGTP as the differentiating ad superior service for other hospital, how to optimize the garden for the users, how to inform to the public about the benefit of healing garden, and how to make the HGTP as a positive promotion media for the hospital.

The garden design

Four of the indicators of the healing garden design were appropriate (median 8-8.5), and another indicators were revised based on the expert recommendation. The indicator of the garden design are: the place (ground0 that can hold for many patients, a place that is flat and safe for the patients and families, the garden should be far away from the pollution and noise, the garden is clean, accessible and provides privacy for the patients, families visitors, and hospital staff, the garden can accommodate social relationship, and the garden must has variety of elements: visibility, accessibility, familiarity, quiet, privacy, and make comfortable.

Discussion

Based on the results of the literature review and in-depth interviews with experts (published in elsewhere), we validated 65 indicators for the development of HGTP in hospitals. The validate used Modified RAND Delphi method in two rounds. The 65 indicators were cover into 12 domains. In the round I the 38 indicator were valid without recommendation from the experts, then there were 27 indicators needed revised base on the experts recommendation. In the round II the 26 indicators were valid without recommendation. If it is understood from the median value, there were 65 indicators, almost all of them (98,47) are in accordance with the categorical median 8.39. Only 1 indicator has value in uncertainly category (median 6.5). Finally, the 64 indicators were validated. This is a consensus by experts that there is available 64 indicators from the 12 domain to develop the Healing Garden Therapy in hospital. The quality indicators were divided into 25 of structure indicators, 15 of process indicators, and 24 of outcome indicators (Donabedian, 1998). Process "denotes what is actually done in giving and receiving care. It includes the patient's activities in seeking care and carrying it out as well as the practitioner's activities in making a diagnosis and recommending or implementing treatment" (Donabedian, 1998). Outcome according to Donabedian (1998) denotes the effect of care on the health population. Improvement in the patient knowledge and salutary change in the patients behavior are included as part of the outcome under a broad definition of health status, and so is the degree of the patient's satisfaction with care. Furthermore, Donabedian, (1998) indicate that structure denotes the attribute of the settings in which care occurs. This includes the attributes of material resources (such as facilities, equipment, and money), of human resources (such as the number and qualifications of personnel), and of organizational structure (such as medical staff organization, methods of peer review, and method of reimbursement).

Strength and Limitation

Based on the results of the literature review study, the results of this study, and other studies increasingly known that the healing garden therapy program in hospitals has many benefits both for patients, families, and also hospital staff to reduce the boredom. HGTP can help the healing process not only the physical, but also psychological, social and spiritual. This study provide contribution to evidence related to Healing Garden Therapy Program (HGTP) in Indonesia. These quality indicators can be used by Indonesian hospital to develop the Healing Garden Therapy Program as a new service to improve the quality service and patient satisfaction.

The HGTP is one way to make the holistic effort for the patients. In Indonesia (Hastuti, 2017) found that Healing Garden Therapy as A holistic nursing. Creating healing environment is often mentioned as one goal of nursing. However, there is no formal professional consensus on what constitutes the healing environment. No research has been found specifically to develop the Healing Garden Therapy Program for patients in hospital. Amount of indicators are still enough many and hasn't recruited various types of hospitals and not yet in pilot project.

Conclusion & Recommendation

We developed 64 quality indicators of Healing Garden Therapy Program in hospitals, that can be used to measure the quality of HGTP in the hospitals. We suggest it to be testing / piloting in many different kind of hospitals.

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